

当院に三年半、定期的に通っている70代の女性の方がいらっしゃいます。

初診時の問診で、主訴は腰背部痛ということでした。ちょっとした寝返りを打つだけでも痛くてたまらない様子でした。触診すると、腰椎の側弯や腰背部の筋肉の緊張がありました。さらに、既往歴について話を伺うと、30代で赤ちゃんの頭くらいの大きさの子宮筋腫の手術を行い、60代で極度の貧血症状になり、今日では難病に指定されている、赤芽球癆(せきがきゅうろう)という赤血球の病気であることがわかり、以来、新宿の大学病院に10年以上通院しているということでした。

腹診をすると肝実(右期門に反応)であり、後日、血液検査の結果をみせてもらうと、赤血球とフェリチンの数値に異常がありました。治療は主に長野式の肝実処置を本治にして、局所の処置にあたりました。初診以来3年半、数値は改善されて安定状態を保ち、腰背部痛も以前に比べてずっと楽になっています。

最近、その女性が、大学病院の関係で、NHKの「チョイス」という番組に出演しました。番組のディレクターとの打ち合わせの時に「薬以外に鍼灸もやっていて、体の調子が前よりも良くなった。」と伝えたことを、私に話してくれました。私は、「多分、NHKは鍼灸についてはカットしますよ。」と答えましたが、後日、番組を見ましたら、その通りでした。

The free essay about acupuncture No.2

I have treated the lady in seventies who comes to my clinic periodically for three years and a half.

In the questionnaire at the first visit, the main complaint was that waist back pain. It was a painful appearance that it hurt just a little turning over. When I palpated her, there was a scoliosis of the lumbar spine and tension of the muscles of the hip back. Besides, I tell her about her medical history. She undertook surgery on the size of a baby's head uterine fibroids in her 30's. And she became extremely anemic symptoms in her 60's. It is designated as obstinate disease today, erythroblasts I know. She had been visiting a university hospital in Shinjuku for more than 10 years since then.

When I checked abdomen, I found it was caused from liver. (I judged that LR-14-right was abnormal) And when she showed me the results of the blood test later on, I noticed there was abnormality in the values of erythrocytes and of ferritin. Treatment was mainly based on the Nagano formula, not only a whole body but also a local treatment. Three and a half years since the first visit, her medical examinations have been improved and kept stable. And her waist back pain has been much easier than before.

Recently, she was asked by the doctor(professor) of the university hospital and appeared on NHK's "Choice" program. She said when talking with the director of the program, she told the director that "I have been doing acupuncture and moxibustion also. My condition has improved better than when I had received treatment in hospital before." I said her that her comment about acupuncture and moxibustion will be cut probably. When I saw the program later on, I found my prediction was right.